

THE GRACE FOUNDATION OF NORTHERN CALIFORNIA

phone: 916.941.0800 website: www.thegracefoundationofnorcal.org



YOUTH LEADERSHIP PROGRAM - SPRING 2010

Empowering our youth to make a difference in the community!

The Spring 2010 Youth Leadership program will focus on Horse 101. Participants will begin to learn everything that they need to know about horses. Included in the sessions will be topics such as equine anatomy, how to use, clean and determine the best tack for your horse, the different disciplines in riding and so much more. All students will receive a project horse for the session. Students will learn all aspects of horse ownership with their project horses.

Spring program will include valuable leadership lessons taught by program Director and MFT Julie McBride. Monthly Vet care classes will be taught by our resident Vet Dr Mike.

This Spring the participants will also be introduced to Grace's new Natural horsemanship training programs: E-Stars, Equine Standardized training and required skills programs. Youth will begin training and testing under the STARS program. This program has been established to cover all aspects of handling training and riding. Youth that participate in the Spring sessions will have priority in participating in the summer programs. Participants will also be considered to participate as youth mentors for the summer session (age and experience levels will apply).

The Grace Foundation believes strongly that the relationship between horse and handler begins "from the ground up", so each session will focus on learning the skills to handle the horse on the ground and riding will be an additional component to the youth program. Youth can choose to be part of the riding program or opt out of it. Space for the riding component is limited. Students that participated in the youth leadership program before will have first option at a riding spot.

The Grace Foundation relies on the programs and services that are offered at Grace to help support the care of the horses. Youth programs also require additional instructors that add additional costs to the ranch. However, the goal of Grace is to allow all youth the opportunity to participate in the programs offered, regardless of their financial situation. For that reason Grace will try and keep costs as low as possible. Scholarships are available for families that qualify. Please talk to Julie McBride for details on the scholarship program.

The last Saturday of every month, the students (12 years and older group only) will participate in a 3-minute routine that they have developed with their project horse. These routines will combine all of the skills in the STARS program that they are learning.

SPRING SESSIONS

APRIL 3 - JUNE 5, 2010 9AM - NOON

JUNIOR YOUTH LEADERSHIP PROGRAM - AGES 8-11

Classes will be held the 1st and 3rd Saturdays of the month from 9AM to Noon and Tuesday afternoons from 4-6PM

Cost: Ground only \$40.00 members- \$50.00 non-members; with riding: 2 lessons per month- \$70.00 members- \$80.00 non-members (space is limited)

Minimum participants 20. (Riding lessons for the 8-11 year old group will not begin until Fall 2010.)

MARCH 13 - JUNE 12, 2010 9AM - 1:30PM

YOUTH LEADERSHIP PROGRAM - AGES 12-17

First session- classes will be held the 2nd and 4th Saturdays of the month from 9AM - 1:30PM and Wednesday afternoons from 4-6PM

Cost: Ground only \$40.00 members- \$50.00 non-members; with riding: 2 lessons per month- \$70.00 members- \$80.00 non-members (space is limited)

THERE IS A ONE-TIME \$50 REGISTRATION FEE FOR EACH NEW STUDENT. THIS FEE INCLUDES GROOMING KIT AND T-SHIRT.